



14.5 Miles

STAGE 16 – Crystal Palace to Coney Hall

- 0.0 – Carry on up Holmesdale Road
- 0.1 – At the end, turn right on Park Road
- 0.2 – Cross over the lights with Selhurst Road into Tension Road
- 0.8 – Turn right (2nd exit) at the roundabout then turn left on Enmore Road
- 1.1 – At the end, turn right on Portland Road
- 1.2 – Turn left on Belmont Road
- 1.4 – At the end, cross over Albert Road and head into the Croydon FC car park
- 1.5 – Follow the path at the end of the car park across the railway. After crossing the tram line, turn right then follow the left and route as the path forks three ways
- 1.7 – At the end of the path, go straight over Long Lane into Bywood Avenue
- 2.0 – Turn left on Gladeside (single track lane)
- 2.1 – At the end, turn right on The Glade
- 2.6 – After the road bends right, turn left on Orchard Grove
- 2.7 – At the end, turn right on Orchard Way
- 2.8 – Take the next left on Lyconby Gardens and follow the footpath at the end into Orchard Rise
- 3.0 – Follow Orchard Rise round to the right and turn left into Freshfields and follow the footpath at the end into Parkfields
- 3.1 – At the end, turn left on Cheston Avenue and follow round to the right
- 3.3 – At the end, turn left on Wickham Road
- 3.8 – At the roundabout, fork right (3rd exit) on High Street passing Sainsbury's
- 4.3 – Over the lights by the Swan pub
- 5.0 – At the roundabout, turn left (1st exit) on Addington Road
- 5.2 – Turn left on Tiepigs Lane
- 5.4 – Arrive at Coney Hall FC

Crystal Palace to Welling United



March of the Day II



STAGE 17 – Coney Hall to Bromley

- 0.0 – Carry on up Tiepigs Lane
- 0.3 – At the end, turn right on Pickhurst Lane
- 0.5 – Turn left on Bourne Vale
- 1.1 – At the end, turn right on Mead way
- 1.2 – At the roundabout, turn left (1st exit) on Hayes Lane
- 1.4 – Turn right into Bromley FC

STAGE 18 – Bromley to New Eltham

- 0.0 – Leave the car park through the Gym car park and turn right on Hayes Lane
- 0.6 – At the end, turn left on Bromley Common, then immediately right on Homesdale Road
- 1.3 – At the roundabout, veer slightly left (1st exit) on Tylney Road
- 1.6 – At the end, turn left on Widmore Road
- 1.7 – At the lights, turn right on Plaistow Lane and immediately right on Sundridge Avenue
- 2.0 – At the end, turn right on Sundridge Avenue
- 2.6 – At the mini roundabout, turn left (1st exit) on Elmstead Lane
- 2.7 – Pass under the railway
- 3.6 – Straight over the lights with White Horse Hill
- 3.9 – Handover by Nisa Store

STAGE 19 – New Eltham to Welling United

- 0.0 – Continue along William Barefoot Drive
- 0.3 – At the end, turn left on Green Lane
- 0.4 – At the lights – cross over Sidcup Road and fork right down Southwood Road
- 0.8 – Straight on at the lights with Footscray Road
- 1.2 – Turn right on Sidewood Road
- 1.4 – At the end, turn left on Crombie Road
- 1.7 – At the end, turn right on Halfway Street and immediately left on Days Lane
- 2.6 – At the end, turn right on Blackfen Road and immediately left on Westwood Lane
- 2.7 – Pass under East Rochester Way
- 2.8 – Straight on (2nd exit) at the roundabout on Wendover Way
- 3.1 – Straight on (2nd exit) at the roundabout on Danson Lane
- 3.5 – Turn right on Roseacre Road
- 3.7 – At the end, turn right on Park View Road
- 3.8 – Arrive at Welling United

