

MAN. UNITED > SALFORD CITY > MAN. CITY > OLDHAM ATHLETIC

- 0.0 – Head north on Sir Matt Busby Way crossing Wharfside Way, and once across the dual carriageway, turn immediately right on Victoria Place
- 0.3 – Turn left at the lights by the anchor sculpture and cross over the bridge heading up Trafford Road.
- 1.3 – Use the subway to cross the major roundabout at the end of the M602
- 1.4 – On emerging from the subway tunnel, head straight passing Salford Quays Toyota
- 1.8 – Straight on (2nd exit) at the roundabout staying on Cross Lane
- 1.9 – Turn left on Belvedere Road that runs alongside the A6
- 2.1 – Use the pedestrian lights to cross the A6 and turn right off the A6 up Frederick Street up the side of the Salford Uni building
- 2.6 – Turn left taking the right of two forked roads beside the Tramways building heading up Seaford Road
- 2.8 – Turn left on Gerald Road by Moh's Mini Market
- 2.9 – Take the 3rd exit at the roundabout onto Littleton Road signposted to Salford Sports Village
- 3.9 – Turn right into Oaklands Road just after the post box
- 4.3 – At the end, turn right onto Moor Lane
- 4.4 – Arrive at the Peninsula Stadium, home of **Salford City (Checkpoint 1)**

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- 0.0 – Continue along Moor Lane
 - 0.4 – At the end, turn right on Bury New Road
 - 0.9 – Turn left on New Hall Road and immediately fork right on Broom Lane (One Way Street)
 - 1.3 – Cross over Leicester Road into Tetlow Lane
 - 1.8 – At the lights, go straight across Cheetham Hill Road into Woodlands Road
 - 2.7 – At the end, turn left on Queens Road and cross to the right-hand pavement
 - 2.9 – As the carriageways fork, keep alongside the right-hand pavement
 - 3.0 – Cross straight over Rochdale Road
 - 3.5 – Pass under the railway and keep right as the road forks
 - 3.6 – Go straight across Oldham Road
 - 4.2 – Pass the gasometer and then turn right into the stadium complex and head towards the Etihad Stadium
 - 4.6 – Arrive at the stadium and follow it round to the right to the Colin Bell Stand, arriving at **Manchester City (Checkpoint 2)**

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- 0.0 – Head back out of the Etihad Complex the way you came in.
 - 0.5 – Exit the car park, turn left on Alan Turing Way and immediately right at the lights on Briscoe Lane
 - 1.0 – Cross over the lights with Ten Acres Lane
 - 1.6 – At the end, turn left on Culcheth Lane and immediately right on All Saint's Street
 - 1.7 – At the end, turn left on Droylsden Road
 - 1.9 – At the lights at the end, turn right on Oldham Road
 - 2.3 – At the lights, turn left on Broadway, moving to the right-hand pavement
 - 3.9 – Cross over the M60
 - 5.3 – Straight on at the lights after St Herbert's school and cross over to the right-hand pavement
 - 5.7 – Cross Eustace Street and continue straight ahead along the road in front of the houses alongside Broadway
 - 6.2 – As the road turns to the right, carry straight on along the cycle path and then follow it off to the right across the field and under through the tunnel under Chadderton Way
 - 6.2 – As the path reaches the road, veer right on Broadway
 - 6.5 – Turn right into Hilbre Avenue and arrive at **Oldham Athletic (Checkpoint 3)**



OLDHAM ATHLETIC > ROCHDALE

- 0.0 – Leave the car park heading back up Hilbre Avenue and turn right on Broadway
- 0.5 – Turn left at the lights onto Oldham Road
- 1.7 – Pass the Halfway House pub
- 2.9 – Pass under the M62 and Checkpoint is at the **Go Local store** on the left (**Checkpoint 4**)

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- 0.0 – Carry on up Oldham Road
 - 0.9 – Fork left by the hospice shop then go straight on at the lights across Rochdale By-Pass then veer slightly left on Well I' Th' Ln
 - 1.1 – Cross over the canal
 - 1.5 – Pass under the railway and then go straight on at the mini roundabout then follow the road round to the left on Tweedale Street
 - 1.7 – Turn right on Mere Street by Little Wonders Nursery
 - 1.8 – At the end, turn left on Drake Street
 - 1.9 – At the end, turn right on Manchester Road and follow the path set back from the road
 - 2.1 – At the lights, turn left on Dane Street passing Asda.
 - 2.2 – After Asda, fork right up Mellor Street passing Aldi
 - 2.3 – Cross over the lights with College Road
 - 2.9 – Straight on (2nd exit) at the mini roundabout, then fork left at the mini roundabout (1st Exit) heading up Edenfield Road
 - 3.0 – Turn left up Wilbutts Lane
 - 3.1 – Turn left before the stadium and follow the car park round the stadium to the end at **Rochdale (Checkpoint 5)**

Stage	From	To	Miles	Total Miles	Minutes	Start Time	End Time
1	Manchester United FC	Salford City FC	4.35	4.35	78.30	9.00	10.18
2	Salford City FC	Manchester City FC	4.58	8.93	82.44	10.28	11.50
3	Manchester City FC	Oldham Athletic AFC	6.68	15.61	120.24	12.00	14.00
4	Oldham Athletic AFC	Royton	2.92	18.53	52.56	14.10	15.03
5	Royton	Rochdale AFC	3.18	21.71	57.24	15.13	16.10

